

**Consulate General of India  
Istanbul  
\*\*\*\***

**PRESS RELEASE**

**International Day of Yoga**

Each year, the International Day of Yoga (**IDY**) is celebrated on 21 June. Since the adoption of this day by the United Nations General Assembly in 2014, the International Day of Yoga has been commemorated globally to celebrate physical and mental wellness. This year will be the tenth edition of IDY.

2. The Consulate General of India in Istanbul will be organizing a series of curtain raiser events in partnership with local municipalities in and around Istanbul beginning 10 June. The details are as below:

- |                          |  |
|--------------------------|--|
| 10 June 2024, 1830 hrs - | At Corlu Belediyesi Sehir Stadyumu, in partnership with Corlu Municipality |
| 11 June 2024, 2000 hrs - | At Haider Aliyev Park, in partnership with Sariyer Belediyesi              |
| 12 June 2024, 1600 hrs - | At Uc Fidan Park in Bursa, in partnership with Nilufer Belediyesi          |
| 14 June 2024, 1830 hrs - | At Bitez Uc Fidan Park in Bodrum, in partnership with Bodrum Belediyesi    |
| 21 June 2024, 1830 hrs-  | At Sarayaburnu Park in Istanbul, in partnership with SporIstanbul, IBB     |

3. The Consulate General of India invites everyone living in and around these venues to participate in these celebrations, which promises to be a series of evenings that celebrate health and wellness.

7 June

Istanbul